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MAHALAYA PAKSHAM / MAHALAYA AMAVASAI / PITRU AMAVASAI

Belief:

It is believed that after the death, the soul would remain in an intermediate world (loka) known as the Pitru loka. The soul stays in the pitru loka until the fourth descendant enters the same and once the fourth descendant comes, the first soul would move to the heaven or the swarga loka. So, at any given time only three generations of the soul would reside in the pitru loka. This world is governed by Lord Yama. It is believed that the souls of the ancestors would come down and reside with the descendants in their home during this period and hence one should perform the traditional ritual to satisfy the ancestors.

Tradition:

Mahalaya Amavasai or **Pithru Amavasai** is the new moon day of **Pithru Paksham** or **Mahalaya Paksham**, the fortnight which is especially sacred for offering oblations to the departed ancestors. It is believed that performing Tarpanams during the auspicious **Mahalaya Paksham** will bless your ancestors and will free them from all their sins.

Each day in the **Mahalaya Paksham** is ruled by a particular Tithi or Moon Phase and the benefits of offering Tarpanam on each day are different. **Mahalaya Amavasai** is the last day of the **Mahalaya Paksham**, which is considered as the most important day in the year for performing obsequies and rites and on this day, people donate food, clothes etc.

Appreciate Your Departed Ancestors on **Mahalaya Paksham 2024**. Donating food is considered to be the greatest charity of all the charities and it is believed that whoever donates food will attain an 'elevated status'. There is an interesting legend highlighting the importance of donating food from the great epic Mahabharata.

The legend for ancestors coming down during this period is as follows:

After Karna the wellknown donor, who had never said 'no' as answer for anything that was asked of him, died and was taken to heaven. He was offered gold and silver as food. Karna was hungry and wanted to have normal food that he can eat. He approached Indra and asked the reason for not being served with normal food. Indra



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replied that you have donated all the items that people wanted but never had a chance to donate food and hence was not offered the normal food. Karna prays to Indra for a remedy and asks him to allow him to return to earth and donate rice and other eatables. Indra agrees and it is believed that Karna came to earth on these days and has donated the food. After which it is believed that ancestors would return to earth on these days and hence the ritual of Shraadh is performed on these days.

Hence this period is now known as Pitru Paksham.

Mahalaya Paksham: The Ancestors' Time:

Great enlightened beings, who have turned their body into light, visit the earth daily in their light form. Our departed ancestors also come and stay on this earth plane for 15 days in a year in our body, mind and soul and can change all these 3 positively. Even Gods cannot do what these ancestors can do for you; in fact, Gods ask you to go through your ancestors for blessings. These auspicious 15 days of Mahalaya Paksham in **2024**, is the most important 2 weeks period to appreciate your departed ancestors.

The Annual 15 Moons of Mahalaya:

The Maha Ancestral ritual spans from the 1st Moon till the Amavasai and each day is ruled by a specific phase of the Moon.

Moon Phase or Tithi	Benefits of Specific Moon Phase Tarpanams
1st Moon	Gives Wealth
2nd Moon	Grants the Continuation of Lineage
3rd Moon	Gives Business Prosperity
4th Moon	Gives Ability to Overpower Enemies
5th Moon	Grants All- over Prosperity
6th Moon	Grants a Solid Reputation
7th Moon	Secures Inner Strength and Spirituality
8th Moon	Blesses with Intelligence



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9th Moon	Open Up to Receive Support from Women
10th Moon	Grants Success in Your Profession
11th Moon	Grants Children Prosperity and Intelligence
12th Moon	For Continuation of Lineage and Success from Education
13th and 14th Moon	Get blessed own vehicles, Peace and Longevity
New Moon(15th Moon)	If you miss any of the above days, Amavasai is mandatory. This is also an essential day for doing Tarpanam for those who died due to weapons or accidents. During this day, the known and unknown souls that have departed during the last 30 years are treated equal to God

Have you ever felt that for no apparent reason, you are constantly suffering? You are a pious, God-fearing person, you do not indulge in back-biting or wrong doing consciously, yet you or your family members are always undergoing one or the other type of problems. Astrology has a perfect explanation to this problem. It is due to the fact that the soul of our ancestors & departed forefathers does not get peace (Shanti). If knowingly or unknowingly our ancestors have done some mistakes, they are reflected in our Horoscope as Pitru Dosham or Pitra Rina and being their off springs we are destined to suffer from their bad effects. Because of the malefic effect of the inflicted planets, benefic planets also stop giving favorable results.

CANADA & USA

September 18, 2024 - Mahalya Pithru Paksha begins (Prathamai, uttarA ProshtApAdhA, Krishna Paksham begins)

September 19, 2024 - Dwitiya Shraadham (Revathi)

September 20, 2024 - Trithiya Shraadham (Ashwini)

September 21, 2024 - Chaturthi Shraadham (upto 8:44 am, thereafter Panchami Shraadham (Maha Bharani))



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September 22, 2024 - Sashti Shraadham (Krithika)
September 23, 2024 - Sapthami Shraadham (RohiNi)
September 24, 2024 - Ashtami Shraadham (Mrigasheersham)
September 25, 2024 - Navami Shraadham (ArdhrA)
September 26, 2024 - Dashami Shraadham (Punarvasu)
September 27, 2024 - Ekadashi(PushyA)
September 28, 2024 - Dwadashi Shraadham (Ashlesha)
September 29, 2024 - Thrayodashi Shraadham (MaghA)
September 30, 2024 - Chathurdashi Shraadham (PurVA PhalguNi)
October 1, 2024 - Chathurdashi (upto 12:09 pm Shraadham (UttarA PhalguNi)
October 2, 2024 - Mahalalya Pithru Amavasai - Most important day of Shraadham
(Hastham) Mahalaya Paksham Ends...

Pitru Dosham is due to any of the following main reason, and there may be others.

Bad deeds (bad karma) of our ancestors in earlier life, knowingly or unknowingly, are embarrassing their souls,

- Bad deeds (bad karma) of children, knowingly or unknowingly, are embarrassing the soul of ancestors,
- Lack of fulfillment of parental desires of our ancestors,
- A sudden and unnatural death of any relative ancestors in early age,
- If someone fails to remember and honor the ancestors properly,
- If certain wishes are remained attached with the soul of the ancestors, etc.

Pitru Dosham occurs if any ancestors up to the 7th generation on the father's side and up to the 4th generation on the mother's side have expired at an early age or have had an unnatural death.

Daily Mahalaya Tharpana Sankalpam begins on next pages.....



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Mahalaya Mantra Sankalpam (CANADA & USA EST)

Beginning September 18, 2024 (Prathamai) to October 2, 2024 (Amavasai)

As per the vedic panchangams

Begin with Achamanam., Shuklam Bharatharam..., Om Bhu:, Mamopaktha.. prEethyarththam,

apavihra: pavithroVA sarvAvasthAm gathopivA yasmareth, puNdareekAksham sapAhya
abhyanthara: suchi: mAnasam vAchikam pApam karmaNAM samupArjitham sree rAma
smaraNenaiva vyapohathi nasamsaya: sri rAma rAma rAma thithirvishNu: thathAvAra:
nakshathram vishNurevacha yogashchaiva karaNamchaiva sarvam vishNumayam jagathu sri
govinda govinda govinda

adhyashri bhagavatha: mahA purushasya vishNor AgnayA pravarthamAnasya
adhyabhrummaNa: dhvitheeya parArdhe shvetha varAha kalpe vaivasvatha manvantharey
ashtA vimshathi thame kali yuge prathme pAdhe jambhUdhweepe (for North America -
krounchadhweepe) bhAratha varshe bhArathakaNte (for North America - aindrakanNte) mero:
dakshNe (for North America - paschime) pArrshvey sakAbdhey asminnu varthamAne
vyAvahArike prabhavAdeenam shashtyA samvatsarANAm madhye

Ubhaya vamsha pithruNAM thathu thathu gothrANAm thathu thathu sharmaNAM
pithrubhya mAtulAdi vargadhwaya avashishtAnAm sarveshAm kArUNika pithruNAM
akshayya thriptyartham / (from September 24 add after thriptyartham)- **kanyAgathe
savitari AshADyAhA panchama aparapaksha prayuktha/** mAhAlaya paksha puNyakAle
sakArUNika vargadhwaya pithrun udhisyya pakShEya mAhAlaya srArdham tila tarpaNa
roopeNa adhya karshye.

Now throw **only** the chila kattai darbhai held round the fingers, **hold** pavithram for next step

Change position of pooNal to the left shoulder (usual mode), touch water with finger (Apa
Upa Prashya), then Change position of pooNal to right shoulder (Praacheenaaveeti).....

Then go to AvAhanam # 5, follow the link (www.saveca.ca)

<http://www.saveca.ca/AmmaVasaiTharpanam.htm>



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IN SANSKRIT

आचमनं, शुक्लां भरथरं विष्णुं, सशि वरणं चथुर्भुजं प्रसन्न वधनं ध्यायेत् सर्व विघ्न उप शान्थये

ॐ भूह ॐ भुवह ओ गुं सुवह ॐ महह ॐ जनह ॐ तपह ओ गुं सत्यं

ॐ तत्स वितुर वरेइण्यम् भर्गो देवस्य धीमहि धियोः प्रचोदयात् ओ मपाह जयो ती रसह अमृतं ब्रःम्मा भूर्ब वस्सु वरो

ममो पाक्थ समस्थ धुरिथ ध्वारा श्री परमेश्वर प्रीथ्यर्थ

अपविश्रहा पवित्रो वा सर्वावस्थाम् गथोपिवा यस्मरेत पुण्डरीकाक्षं सबाह्या अभ्यन्तरह सुचिहि मानसम् वाचिकं पापम् कर्मणाम् समुपार्जितम् श्री रामा स्मरेणैव व्यपोहति न सप्शयह श्री रामा राम रामा तिथिर् विष्णुहु तथावारहा नक्षत्रम् विष्णु रेवच योगस्चैव करणंचैव सर्वं विष्णु मयं जगतु श्री गोविन्द गोविन्द गोविन्दा

अध्य श्री बगवतह महा पुरुषस्य विष्णोर आङ्गयया प्रवर्त्थ मानस्य अद्य ब्रह्मणहा द्वितीय परार्थे शवेतह वराह कल्पे वैवस्वथ मन्वन तरे अष्टाविं शतितमे कलि युगे प्रथमे पाथे क्रोउञ्च द्वीपे / जम्बू द्वीपे, रमणक वर्षे / भारथ वर्षे, ऐन्द्र खण्डे / भरथ खण्डे, मेरोहो पश्चिमे पार्श्वे / दक्षिणे पार्श्वे, सकाब्दे अस्मिन्नु वर्तमाने व्यावहारिके प्रभवादेनाम् सष्ट्या संवत्सराणां मध्ये

Recite the Sankalpa Mantram of each particular day – next sheet

After the Sankalpa mantram which is ending in “PuNyathithou”/ पुण्यथितौ, then

PrAchEnAvEthE/प्राचीनावीति..... (put pooNal in the wrong side – Right shoulder)

Main TharpaNam (<http://www.saveca.ca/AmmaVasaiTharpanam.htm>)

After GothrANAm SharmaNAm/गोत्राणां शर्मणाम्..., PrapitAmahEnAm/ प्रपितामहीनां or PrapitAmahischa/ प्रपितामहीस्च.....

उभय वंश पितृणां ततु ततु गोश्राणाम् ततु ततु शर्मणाम् पितृभ्य मातुलाधि वर्गध्वय अवसिष्टानाम् सर्वेषां कारुणिक पितृणां अक्षय्य त्रिष्यर्थ / (from **September 24** add after thripyartham/)

कन्यागथे सवितरि आशाङ्ग्याहा पञ्चम अपरपक्ष प्रयुक्त/ महालय पक्ष पुण्यकाले सकारुणिक वर्गध्वय पितृन् उद्दिश्य पक्षीय महालय स्राधम् तिल तर्पण रूपेण अध्य करिष्ये



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DAILY MAHALAYA PAKSHA SANKALPA MANTRAM - 2024

- CANADA/USA EST (COMPILED BY VISH ANANT)

BEGINS FROM PRATHAMAI TO AMAVASAI (15 DAYS), CONCLUDES ON AMAVASAI

<p>18.09.2024 Wednesday (1) (Kanya) (Daily mahalaya paksha sankalpam)</p>	<p>Krodhi nAma samvatsare dakshiNAyane sharad rithou Kanya mAsa krishna pakshe Adhya prathamAyAm Shubha tithou soumya vAsara yukthAyAm UttarA ProshtApAdhA nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa ViseshaNa Vishishtaayaam, Asyaam, prathamAyAm, PuNyathithou (Mahalaya Paksham begins today)</p>
<p>19.09.2024 Thursday (2) (Kanya) (Daily mahalaya paksha sankalpam)</p>	<p>Krodhi nAma samvatsare dakshiNAyane sharad rithou Kanya mAsa Krishna pakshe Adhya dwitiyAm Shubha tithou guru vAsara yukthAyAm Revathi nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa ViseshaNa Vishishtaayaam, Asyaam, dwitiyAm, PuNyathithou</p>
<p>20.09.2024 Friday (3) (Kanya) (Daily mahalaya paksha sankalpam)</p>	<p>Krodhi nAma samvatsare dakshiNAyane sharad rithou Kanya mAsa Krishna pakshe Adhya thrithiyAm Shubha tithou brugu vAsara yukthAyAm Ashvini nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa ViseshaNa Vishishtaayaam, Asyaam, thrithiyAm, PuNyathithou</p>
<p>21.09.2024 Saturday (4) (Kanya)</p>	<p>Krodhi nAma samvatsare dakshiNAyane sharad rithou Kanya mAsa Krishna pakshe Adhya chaturthyAm (upto 8:44 am, thereafter panchamyAm Shubha tithou sthira vAsara yukthAyAm Maha BharaNi nakshathira</p>



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(Daily mahalaya paksha sankalpam)	yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam, Asyaam, chathurthyAm upari panchamyAm , PuNyathithou
22.09.2024 Sunday (5) (KanyA) (Daily mahalaya paksha sankalpam)	Krodhi nAma samvatsare dakshiNAYane sharad rithou KanyA mAsa Krishna pakshe Adhya sashtyAm Shubha tithou bhanu vAsara yukthAyAm Krithika nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam, Asyaam, sashtyAm , PuNyathithou
23.09.2024 Monday (6) (KanyA) (Daily mahalaya paksha sankalpam)	Krodhi nAma samvatsare dakshiNAYane sharad rithou KanyA mAsa Krishna pakshe Adhya sapthamyAm Shubha tithou indhu vAsara yukthAyAm RohiNi nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam sapthamyAm PuNyathithou
24.09.2024 Tuesday (7) (KanyA) (Daily mahalaya paksha sankalpam)	Krodhi nAma samvatsare dakshiNAYane sharad rithou KanyA mAsa Krishna pakshe Adhya ashtamyAm Shubha tithou bhuma vAsara yukthAyAm Mrigasheersham nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam ashtamyAm PuNyathithou
25.09.2024 Wednesday (8) (KanyA) (Daily mahalaya paksha sankalpam)	Krodhi nAma samvatsare dakshiNAYane sharad rithou KanyA mAsa Krishna pakshe adhya navamyAm Shubha tithou soumya vAsara yukthAyAm Ardhra nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam navamyAm PuNyathithou
26.09.2024	Krodhi nAma samvatsare dakshiNAYane sharad rithou KanyA mAsa Krishna pakshe adhya dashamyAm



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Thursday (9) (Kanya) (Daily mahalaya paksha sankalpam)	Shubha tithou guru vAsara yukthAyAm Punarvasu nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam dashamyAm PuNyathithou
27.09.2024 Friday (10) (Kanya) (Daily mahalaya paksha sankalpam)	Krodhi nAma samvatsare dakshiNAyane sharad rithou Kanya mAsa Krishna pakshe Adhya ekAdashyAm Shubha tithou brugu vAsara yukthAyAm PushyA nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam ekAdashyAm PuNyathithou
28.09.2024 Saturday (11) (Kanya) (Daily mahalaya paksha sankalpam)	Krodhi nAma samvatsare dakshiNAyane sharad rithou Kanya mAsa Krishna pakshe adhya dwAdashyAm Shubha tithou sthira vAsara yukthAyAm Ashlesha nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam dwAdashyAm PuNyathithou
29.09.2024 Sunday (12) (Kanya) (Daily mahalaya paksha sankalpam)	Krodhi nAma samvatsare dakshiNAyane sharad rithou Kanya mAsa Krishna pakshe Adhya thryodashyAm Shubha tithou bhanu vAsara yukthAyAm MaghA nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam thryodashyAm PuNyathithou
30.09.2024 Monday (13) (Kanya) (Daily mahalaya paksha sankalpam)	Krodhi nAma samvatsare dakshiNAyane sharad rithou Kanya mAsa Krishna pakshe adhya chathurdashyAm Shubha tithou indhu vAsara yukthAyAm PurvA PhalguNi nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam thryodashyAm) PuNyathithou



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<p>01.10.2024 Tuesday (14) (KanyA) (Daily mahalaya paksha sankalpam)</p>	<p>Krodhi nAma samvatsare dakshiNAyane sharad rithou KanyA mAsE Krishna pakshe adhya chathurdashyAm (upto 12:09 pm, thereafter amavasyAyAm) Shubha tithou bhouma vAsara yukthAyAm UttarA PhalguNi nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam chathurdashyAm (upto 12:09 pm, thereafter amAvasyAyAm) PuNyathithou (Amavasai TharpaNam to be done after 12:09 pm today if possible!)</p>
<p>02.10.2024 Wednesday (15) (KanyA) (Daily mahalaya paksha sankalpam)</p>	<p>Krodhi nAma samvatsare dakshiNAyane sharad rithou KanyA mAsE Krishna pakshe adhya amAvasyAyAm Shubha tithou soumya vAsara yukthAyAm Hastha nakshathira yukthAyAm Subha Yoga Subha KaraNa Evam GuNa VisheshaNa Vishishtaayaam Asyaam amAvasyAyAm PuNyathithou (Mahalaya Paksham ends this day)</p>

Navrathri begins in Canada/USA EST on October 03, 2024 (Prathamai), Saraswathi Pooja on October 09, 2024 (Sapthami), DurgAshtami on October 10, 2024 and MahAnavami / Ayudha Pooja is also on October 11, 2024 Vijayadashami & VidhyArambham on October 12, 2024 (Dashami)

The Sankalpams have been compiled to the best of my knowledge! Errors & omissions are excepted!



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Your support will be duly acknowledged!

Compiled by Vish Anant (www.saveca.ca)