

## **Table of Contents**

What is Pooja?.....	2
What are the benefits of Pooja? .....	2
How is Pooja performed? .....	2
What is homam? .....	3
How homam is performed? .....	3
Benefits of homam .....	3
Category of Homams .....	4
Ayushya Homam.....	6
Booh Varaha Homam.....	6
Chandi Homam .....	7
Ganapathy Homam.....	7
Maha Mrithyunjaya Homam.....	8
Mahalakshmi Homam .....	8
Navagraha Homam.....	9
Purusha Suktha Homam.....	9
Saraswathi Homam .....	10
Sri Suktha Homam .....	10
Sudarshana Homam .....	11
Swayamvara Parvathi Homam.....	11
Tila Homam .....	12

# **POOJA AND HOMAM**

## **1. What is Pooja?**

Pooja is a ritualistic worship of the divine performed to keep one in harmony with cosmic forces, thereby removing and overcoming the sorrows of life and bringing spiritual upliftment. By doing pooja, thoughts and vibrations of spiritual forces are created around us. These spiritual forces work to eliminate the negative influences in our life and help surround us with positive energy which can bring peace of mind, prosperity and enable us to touch the divine, our true nature. The malefic effects, which are destined to befall us, can be averted or their effects reduced by sincere prayers, selfless service and performance of specific poojas as recommended in the Hindu texts. The body, mind and spirit are purified and harmonized by meditation, acts of devotion, prayers, mantra japa and the poojas we perform.

Pooja is an act of showing reverence to God or Goddess through invocations, prayers, songs and rituals. An essential part of pooja for a Hindu is making a spiritual connection with the divine. The connection is generally made through an element of nature like idol, sculptor, painting or a photo. The objects are created as receptacles for spiritual energy that allow the worshipper to experience direct communication with the God or Goddess. Pooja can be done for various events. Pooja can be done by any individual at home or can be conducted by a Priest upon request.

## **2. What are the benefits of Pooja?**

According to the Hindu sacred scriptures – Pooja

- Disciplines and cleanses the mind
- Energizes the worshipper
- Foster good habits
- Purifies and enables one to imbibe more deeply the spiritual energy invoked

## **3. How is Pooja performed?**

A worshipper is required to be pure of body and mind. The puranas lay more stress on devotion and sraddha than on rigid pooja procedures. Pooja can be performed in different ways like meditation, chanting mantras, offering flowers, fruits and food.

#### **4. What is homam?**

Homam is pooja and chanting of mantra for a particular deity to please the deity by invoking Agni – the fire God, and to get the blessings from them. Homam is like giving dhana to the deities through fire god. It is believed that the premise of homam is derived from the vedham, although, according to ‘Purusha Sooktham’ it is reverse – Vedham originated from homam! Nevertheless, Vedhams and homams are eternal truths having neither beginning nor end, and are ‘Apourusheyam’ (divine, nor the creator of humans). Homam forms the essence of all karmas prescribed in the vedhams. The objective of all homam is the prosperity of the people at large by energizing and protecting the environment. The Sun is considered as the main source of energy supply, and fire is considered as representation of the Sun’s energy. According to the ancient scriptures on homam, any offer to fire (as God), is actually an offer to Sun. Any such offer is either to enrich positive energy in the environment or to destroy the undesirable elements in the environment, and thus, either way, environment is protected.

#### **5. How homam is performed?**

Each homam is performed strictly according to the Hindu vedic scriptures. Homams are conducted by fully learned and experienced priest/scholars. The ingredients required for each homam is different, but the basic things will be ghee, coconut. Each homam is performed after praying sankalpa for the specific relief/benefit desired for each individual. During Sankalpa, one must tell their family’s nakshatra, rasi, gothram, day, and thithi to the vedic pundit/priest so that they can start chanting the mantra. The smoke, which comes out of the homam, is good for health as many ailments associated with breathing, gets cured. Knowingly or unknowingly we might have done bad things to the living beings as a result we might face the consequences. This is known as the “Karma”. That is why our elders say, “Think good” and “Do good”. Our present life depends upon the karma what we have performed in the past. Thus by performing the homams, we can get rid of the bad consequences. Performing homam is good for the family. After each homam, priests are fed with vedic prayers.

#### **6. Benefits of homam:**

- a. Negative effects will be minimized
- b. Weak planets are strengthened
- c. Disciplined mind, peace of mind
- d. Quickness in action and result

## **7. Category of Homams:**

### ***Homam for wealth:***

- i) Maha Lakshmi Homam
- ii) Sri Suktha Homam

### ***Homam for health:***

- i) Maha Mrithyunjaya Homam
- ii) Ayushya Homam
- iii) Maha Ganapathy Homam
- iv) Navagraha Homam

### ***Homam for prosperity, health & wealth:***

- i) Maha Ganapathy Homam

### ***Homam for long life:***

- i) Sri Rudra Homam
- ii) Ayushya Homam
- iii) Maha Mrithyunjaya Homam

### ***Homam for marriage related:***

- i) Swayamvara Parvathi Homam
- ii) Uma Maheshvari Pooja

### ***Homam for job related:***

- i) Lakshmi Kubera Homam
- ii) Maha Sudarshana Homam

### ***Homam for educated related:***

- i) Saraswathi Homam
- ii) Nakshatra Pooja

### ***Homam for money & business related:***

- i) Maha Ganapathy Homam
- ii) Lakshmi Kubera Homam
- iii) Maha Lakshmi Homam
- iv) Rudra Abhishegham

***Homam for peace of mind:***

- i) Udagha Shanthi (For Lord Varuna)

***Tila Homam:***

- Performed to please the ancestors so that their blessings are always with us to succeed in all endeavors

***Bhoo Varaha Homam (For Vishnu):***

- To remove ill effects while constructing a house

***Purusha Suktha Homam/Santana Gopala Homam (For Vishnu):***

- Success in endeavors, worldly enjoyment

***Chandi Homam (For Chandi Devi):***

- To remove any obstacles or blocks in growth – both internally and externally

## Ayushya Homam



This homam is performed to worship the God of life (Ayur Devata). In general, this homam is performed once a year on the day of the star in which the child is born. It is performed on the star (nakshatra) birth date of the child. It bestows longevity, and good health.

- It is important that it must be done on the 1<sup>st</sup> birth date.
- It may be performed on a monthly basis.

<b>Basic Rate:</b>	C\$151 (with laghu mrithyunjaya Homam)
<b>Customized Rate:</b>	For other homams (Please contact)

## Booh Varaha Homam



This homam is dedicated to Maha Vishnu. It is performed to remove any ill effects of not constructing a house according to the tenets of Vaastu Sastra, which prescribes various principles and techniques for constructing houses and temples. Houses, which are not built according to these principles, are believed to invite various problems like diseases, marital disharmony, problems in the family, loss in business etc.

- This homam is performed as a part of Grahaprevesham (house warming ceremony) for the overall happiness for those living in the house.

<b>Can be combined with Ganapathy and Navagraha Homam</b>
<b>Customized Rate:</b> Please contact

## Chandi Homam



The purpose of the Chandi Homam is to remove any obstacles or blocks in growth – internally *and* externally – for a person or a group of people. The mantra for Chandi Devi is called Navakshari or the one with 9 syllables. The mantra is *Aim Hrim Klim Chamundaye Vichhe*. The core of the homam ceremony involves recitation of Durga Saptasathi or 700 verses in praise of the Goddess Durga. With the recitation of each verse, offerings are made in sacrificial fire invoking the Goddess. The tantric texts states that the benefits of above homam are attainment of health, wealth, prosperity, longevity, food, progeny, fame, success, strength, removal of fears, ailments, danger etc. This is an elaborate ritual and costs much more any other homam.

**Customized Rate:** Please contact

## Ganapathy Homam

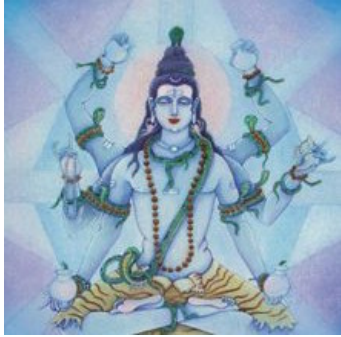


Lord Ganesha (elephant faced God) is the deity, who is always worshipped before starting any new venture. Maha Ganapathy Homam is dedicated to Lord Ganesha. Lord Ganesha removes all obstacles. Lord Ganesha is also known as ‘Vigneshwara’ (Vigna + Ishwara), which means the lord who removes all obstructions. Lord Ganesha is revered as the son of Shiva and Parvathy, and is always honored & worshipped first in most rituals. Ganapathy Homam should be performed early morning.

- Performing Ganapathy Homam once every year will give prosperity, health and wealth.
- Ganapathy Homam should be performed on all auspicious occasions.

**Basic Rate:** Simple C\$101  
**Parihara Homams:** Can be combined  
**Customized Rate:** Please contact

## Maha Mrithyunjaya Homam



This homam is dedicated to Lord Shiva to avoid prolonged sickness and untimely death. Since the offerings in this homam are durya grass and amrita (a herb), it is believed that this homam bestows longevity on the performer/worshipper.

- For long and healthy life.
- Alleviates mrityu dosha (untimely death)

**Can be combined with Ganapathy & Navagraha Homam**

**Customized Rate:** Please contact

## Mahalakshmi Homam



This homam is done for Goddess Lakshmi. This homam is performed when some one is facing financial difficulties and wish to earn wealth in abundance. It mainly brings prosperity.

- Goddess of wealth and prosperity, both material and spiritual.

**Can be combined with Ganapathy and Navagraha Homam**

**Customized Rate:** Please contact



## Navagraha Homam



This homam is done to worship the 9 planets i.e. The Sun, The Moon, The Mars, The Mercury, The Jupiter, The Venus, The Saturn, The Rahu & The Ketu. Every planet has its own importance. Sun – Gives health, Moon – Rules over mind and gives success, Mars – Gives prosperity & wealth, Mercury – Gives knowledge, Jupiter – Gives education, Venus – Knowledge of arts, music etc, Saturn – Gives happiness, Rahu – Makes life stronger, Ketu – Prospers the family. The head of navagraha is Sun.

- Navagraha homam is considered one of the auspicious homam to remove the Navagra Dosha.
- To get blessings of all the 9 planets.

<b>Basic Rate:</b>	C\$101 (without mandalam) C\$ 151 (with mandalam)
<b>Parihara Homam:</b>	Can be combined
<b>Customized Rate:</b>	Please contact

## Purusha Suktha Homam



This homam is dedicated to Maha Vishnu. It is performed to attain progeny, success in endeavors, worldly enjoyment and the final emancipation.

<b>Can be combined with Ganapathy and Navagraha Homam</b>
<b>Customized Rate:</b> Please contact

## Saraswathi Homam



This homam is performed for Goddess Saraswati (for learning, knowledge and wisdom). The Sanskrit word Sara means 'essence', and Swa means 'self'. Goddess Saraswati possesses power of speech, wisdom and learning. She has 4 hands representing 4 aspects of human personality in learning mind, intellect, alertness and ego.

- For learning, knowledge and wisdom.

**Can be combined with Ganapathy and Navagraha Homam**  
**Customized Rate:** Please contact

## Sri Suktha Homam



This is a powerful homam performed for ushering prosperity and wealth. The best day to perform this homam is on a Friday.

- For prosperity and wealth.

**Can be combined with Ganapathy and Navagraha Homam**  
**Customized Rate:** Please contact

## Sudarshana Homam



This homam is performed for Lord Sudarshana. The homam must be performed with great regard to deha, manas and sthana shuddham. It is believed that a chakram formation of the flames (in the homa kundam) could be seen at the conclusion of the homam. Lord Sudarshan erases all the negative effects of the evil eye (drushti). It is believed that this homam could alleviate the sufferings especially when (the last rites of the departed soul are not performed properly which might sometimes result in the sufferings of the progeny belonging to later generations.

**Can be combined with Ganapathy and Navagraha Homam**

**Customized Rate:** Please contact

## Swayamvara Parvathi Homam



This homam is dedicated to Goddess Parvathi. Lord himself gave the Swayamvara Mantra to Goddess Parvathi. This is a very effective homam for getting married.

- Various obstacles that delays any marriage are removed

**Can be combined with Ganapathy and Navagraha Homam**

**Customized Rate:** Please contact

## Tila Homam

Ancestors are invoked in this homam. This homam is performed to please ancestors so that their blessings are always with us to succeed in any endeavors.

**Customized Rate:** Please contact

This document was created with Win2PDF available at <http://www.win2pdf.com>.  
The unregistered version of Win2PDF is for evaluation or non-commercial use only.